Wild & Wise Women's Circle
Saturday 20 April 2024
Redefining Abundance Workbook

I was inspired by the teachings of Bashar (an entity that channels through Darryl Anka).

The definition Bashar offers us is…

"Redefining Abundance: The ability to do what you need to do when you need to do it. No matter what form the abundance comes, the abundance will give you the ability to do what you need to do when you need to do it. Not what you WANT to do, what you NEED to do."

Olga's Story:

Looking back, I realise I've lived by a narrow definition of abundance in the past. I've been wanting to attract certain things into my life, yet I had such a narrow definition of those things, that it's virtually impossible to see it and receive it. It was like I was playing SNAP. I was waiting for the EXACT card to look a specific way and to show up in a certain way in order to get a match. So, I didn't SEE anything that wasn't an EXACT MATCH.

I realised that the universe was offering me what I wanted, yet my narrow definition didn't allow me to SEE it, let alone RECEIVE IT. This is something that I want to highlight – because I've been affirming about receiving abundance for years, however, first I had to see the abundance and recognise the abundance opportunity in order to receive it.

This is what my problem was – the abundance was THERE, but my narrow definition created filters in my mind that didn't allow me to recognise that which I'd wished for. ***I had tunnel vision.***

(From Redefining Abundance Blog Post: https://www.wildandwise.net.au/blog/redefining-abundance)

Q1 ABUNDANCE BLOCKS

In what ways are you currently preventing yourself from experiencing the abundance of the universe?

Q2 ACKNOWLEDGING ABUNDANCE RECEIVED

Think back over the past week, month, and year. Where have you received abundance (in all its forms)? Where can you now acknowledge the abundance that is already in your life?

Q3 PERMISSION TO RECEIVE ABUNDANCE

What would it feel like to give yourself permission to receive abundance?

GODDESS LAKSHMI CHANT

ABUNDANCE PRAYER

Source: https://www.intuitiveandspiritual.com/2016/10/a-prayer-for-abundance/

A Simple Prayer of Abundance

I am Light.
I am Love.
I am Compassion.
I wish for the highest good for all people.
In this way, I know that Source and Love provide for me.
In this way, I know and understand that the positive river of abundance is coming to me right now.
I wish for the river of abundance to touch all who say this prayer.
In touch with Source, I envision an abundance of love in my life.
In touch with Source, I envision an abundance of funds in my life.
In touch with Source, I envision an abundance of freedom in my life.
In touch with Source, I envision an abundance of health in my life.
I am open to receiving these gifts from the universe because I deserve them, as everyone deserves them.
As these gifts flow to me, I am grateful for the love that I feel, the funds that provide, the freedom I experience, and the health for which I am blessed.
My heart is full and I know I must also take action to initiate the deliverance of these gifts.
And to my subconscious, I decree and know this to be true.
I trust this to be true, and I that I will manifest my destiny.
Graciously I accept and I vow to share my gifts with others so that they, too, may reap the benefits of bountiful abundance in every area of their lives.
Love and peace.